



VOL XXXIII BULLETIN MONDAY 11TH AUGUST, 2014 No. 34

SPECIAL BULLETIN

Facts About Ebola Virus Disease (EVD)

(I) WHAT IS EBOLA AND HOW DOES IT SPREAD?

- Ebola is caused by a virus
- No vaccine and no treatment are available cure
- Salt water or Kola nut does NOT cure EVD
- Causes severe illness with bleeding
- Highly contagious; many people can quickly become infected
- Up to 90% of the infected will die
- Sick people can spread the disease to others
- People in direct contact with sick people are at highest risk:
 - Family members and those in close contact
 - Healthcare workers
- Contact with Ebola infected dead bodies can cause infection:
 - BE CAREFUL (handle and bury dead bodies, only while wearing gloves and other protection clothing, carefully or keep away)
- DO NOT wash, touch or kiss Ebola infected/suspected dead bodies
- DO NOT wash hands in the same bucket as others who have touched the body

(II) WHAT ARE THE SYMPTOMS OF EBOLA?

- Symptoms can start within 2 days and up to 21 days contact with an infected person or body
- Early symptoms: Fever, Nausea, Headache, Tiredness, Muscle aches
- Other symptoms include: Rashes, red eyes, Hicups and Vomiting, Diarrhoea may contain blood

(III) PREVENTION OF EBOLA AND WHAT TO DO IF YOU GET SICK

Preventive Measures

- You can catch Ebola from someone who is sick or dead from EVD
- Wash your hands regularly – Use soap!
- DO NOT touch an Ebola infected/suspected person or his/her body fluids, including blood, sweat, vomit, faeces, urine etc
- AVOID travel to affected areas if possible

What to do if you Get Sick or have some of the above symptoms?

- Call/Contact any Medical Centre nearest to you and explain your illness
- Listen to their advice
- You may be sent to a special hospital, please cooperate to save your and other lives
- Keep away from others so they do not get sick
- Be especially careful of your vomits and diarrhoea – dispose of them hygienically.

(From the office of the Provost. College of Health Sciences. Bayero University. Kano).



**Wash our hands regularly
with soap**



**Avoid physical contact with
people showing symptoms**



**Avoid traveling to areas
where there is Ebola outbreak**



**Inform health personnel in case
of contact with infected person**



**Avoid using unsterilized
sharp objects**



**Animal product should be
thoroughly cooked before consumption**

Infographics from page 2, Daily Trust, 11th August, 2014

Department of Electrical Engineering: **Seminar**

The Department of Electrical Engineering invites the University community to its seminar, scheduled as follows:

Presenter: Dr. Sunusi Sani Adamu

Topic: Design and Life Cycle Assessment of Photovoltaic Power System: Case Study of ICT Centre, Kuta Niger State

Chairman: Dr. S.B. Ibrahim

Date: 13th August, 2014 **Time:** 11:00am **Venue:** Departmental Seminar Room

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